



COMSEP

Better Health for All Patients
Through Pediatric Education

COMSEP COACH 2026 Schedule at a Glance

September 22 - 24, 2026 | Arlington, VA

Tuesday, 9/22	Evening Program
6:30 - 9:00 pm	Opening Session • Overview of the program structure • Introduction of strengths based coaching and using your own strengths as a coach <i>(Part of the official programming; please plan on attending)</i>
Wednesday, 9/23	Day 1 Sessions
7:00 - 8:00 am	Breakfast
8:00 - 10:30 am	Morning Session 1 • What role do I have? Mentor, advisor, consultant, counselor, coach, friend... • Introduction COMSEP Coach Approach Framework • Yes, I hear you! Asking powerful questions and listening wholeheartedly.
10:30 - 11:00 am	Networking Break
11:30 am - 1:00 pm	Morning Session 1 - continued • What would you like to focus on? Co-creating agendas for change • Synthesis and questions
1:00 - 2:00 pm	Lunch and Body Movement Break
2:00 - 4:30 pm	Afternoon Session 1 • Exploring & Finding Next Steps • Synthesis and Questions • Coaching Readiness
6:30 - 8:00 pm	Group Dinner - Offsite
Thursday, 9/24	Day 2 Sessions
7:00 - 8:00 am	Breakfast
8:00 - 9:30 am	Morning Session 2 • Welcome back • Putting it all together
9:30 - 9:45 am	Coffee Break/Check out
9:45 - 11:30 am	Morning Session 2 - continued • Strength based Coaching II • Synthesis and Questions
11:30 am - 12:15 pm	Lunch
12:15 - 2:30 pm	Afternoon Session 2 • Giving feedback using a COACH approach • Strategies to bring coaching to your institution • Next Steps